

Members Code Of Conduct

- Members should arrive on time and dress suitably for their session
- We recommend that all long hair must be securely tied back
- We also recommend that no jewellery is worn during sessions/classes. Challenge Training Studios cannot take any responsibility for any jewellery lost or stolen
- It is recommended that members bring a bottle of still water to all sessions
- Members should follow the instructions of the trainer/instructor at all times
- Members must not use any equipment unless the member has had his/her gym induction or if the member is a child, is instructed to do so by their trainer/instructor either during, before or after sessions
- Parents should note that as a gym member, if they choose to bring their child(ren) to the gym (and are not partaking in a family class) that they are fully responsible for their child, their child's behaviour and child's location throughout their time in the gym
- Members are expected to maintain a good standard of behaviour at all times
- Members should treat their trainer/instructor and fellow gym members with respect and be nice to others at all times. Any form of bullying will not be tolerated
- All discipline matters or complaints should be directed to the gym manager or gym owners

Social Networking Awareness

Gym Members:

- Use the internet positively and do not place yourself at risk
- Always remember that anything you say including photos, pictures and video clips posted on your site may be shared with people other than those for whom it was intended
- Never post or send any photographs, videos or make comments that may be: hurtful, untrue and upsetting and you may regret sharing later on, or used by other people in a way you did not intend or want
- Other gym members especially other children should not be photographed or tagged without permission

Parents:

- We recommend that photos or videos of training sessions/classes are not posted on any social networking medium
- Please note that for safety and security purposes CCTV is used throughout the gym. As per GDPR requirements recordings will be kept secure and with limited access and only for a period of 6 months.